

Community Resource Guide

provided by **Loss of Life Advocates**

Loss of Life Advocates provides the following support service information for reference only. This list is not meant to imply endorsement by Loss of Life Advocates. All questions need to be asked of the individual offices and programs listed below. They will be able to give you the most current and accurate information.

Medical Emergencies Dial 9-1-1

United Way Helpline 2-1-1 or 210-227-4357 for more resources

SACRD (San Antonio Community Resource Directory) <https://sacrd.org/directory/>

Care, Education, Food, Goods, Health, Housing, Legal, Money, Transit, Work - listings by zip code

Housing Shelters

- **Haven for Hope 210-220-2100** - 1 Haven Hope Way, San Antonio, TX78207
Comprehensive shelter, medical, employment and transitional program
- **Salvation Army Hope Center**
210-226-2291 - 515 W Elmira, San Antonio TX 78212 (women, Intact families, Single parent)
(Men) 210-352-2046 - 226 Nolan, San Antonio TX
Overnight shelter, clothing, food and utility (electric) assistance
- **San Antonio Rescue Mission 210-222-9736** - 907 E Quincy, San Antonio, TX 78212
Food, lodging, and clothing to transient men
- **Strong Foundation Family Shelter 210-641-4357** - 414 N Hackberry, San Antonio, TX 78202
Emergency and transitional housing for families with children and single women

Transitional Housing

- **Arms of Hope 830-522-2200** - 21300 State Hwy 16 North, Medina, TX 78055
Christian home for single parent mothers and children
- **Safehaven through Center for Health Care Services**
Men: 210-434-6384 - 3602 Culebra, San Antonio TX 78228
Women: 210-433-2687 - 3551 Culebra, San Antonio TX 78228
For mentally ill/dually diagnosed, homeless adults.
- **SAMM Transitional Living and Learning Center 210-979-6188**
5922 Blanco, San Antonio, TX 78216
24-month transitional program, must be working or is in school full time
- **Visitation House Ministries 210-735-6910** - 945 W Huisache, San Antonio, TX 78201
Single women over 18 with children under 12, currently homeless

Food, Rent, Utilities and/or Limited Financial Assistance

- **San Antonio Food Bank - <https://safoodbank.org/> 210-337-FOOD**
- **Bexar County Department of Community Resources 210-335-3666**
233 N Pecos, Suite 590, San Antonio, TX 78207
*Utility Assistance through Bexar County (*assistance will take 3-4 weeks. If in danger of disconnecting, call 211)*
- **Christian Assistance Ministry 210-223-6648** - 11 McCullough, San Antonio, TX, 78215 or **210-697-5771** - 5084 De Zavala Rd, San Antonio, TX
Food, clothing, financial assistance, budget and nutritional counseling
- **Crisis Intervention Program - Catholic Charities 210-226-6178**
1801 W Cesar Chavez Blvd, San Antonio, TX 78207
Utilities, food and clothing assistance
- **San Antonio Hope Center - 210-732-3776** - 321 General McMullen, San Antonio, TX 78237
Food, clothing, financial assistance, budget and nutritional counseling, case management
- **SAMM Homeless Prevention Program 210-377-1616** - 5922 Blanco Rd, San Antonio, TX 78216
Rent and utility assistance for those with a disconnect or eviction notice.
- **Texas Works Center 210-599-3217** - 3300 Nacogdoches, San Antonio, TX 78217
Public assistance through TANF food stamps, Medicaid. <https://www.yourtexasbenefits.com/Learn/Home> for eligibility

Employment

- **Alamo Workforce Solutions 210-272-3260** - 115 E Travis, Suite 200, San Antonio, TX 78205
Job databases, computer access, resume writing, career consulting
- **OARS - TX Dept of Assistive & Rehabilitative Services 210-561-8600**
by zip code; disability must be interfering with ability to get/keep a job
- **Goodwill Industries, Inc. 210-924-8581** - 13311 San Pedro (at Bitters), San Antonio, TX 78216
Job center, resume writing, career development, on-the-job-training
- **Project Quest 210-630-4690** - 515 SW 24th St, Second floor, San Antonio, TX 78207
Provides free training in skills that provide family level wages.
- **www.workintexas.com**
State of Texas employment guide for positions in government, non-profit and private companies

Clothing Assistance

- **Agape Ministry 210-646-8567** - 127 Lanark Dr, San Antonio, TX 78218
- **Catholic Charities 210-226-6178** *Clothing is at 1801 Cesar Chavez location only*
- **Dress for Success 210-737-1515** - 600 N Frio Rd, San Antonio, TX 78207
- **Ella Austin Community Center 210-224-2351** - 1023 N Pine St, San Antonio, TX 78202
- **Operation School Bell 210-732-1200** - 2611 West Ave, San Antonio, TX 78201
Clothing is distributed through school counselor recommendation.

Financial Counseling

- **Consumer Credit Counseling of Greater San Antonio 210-979-4300**
6851 Citizens Pkwy, San Antonio TX 78229
Offers classes and counseling on a variety of financial topics.
- **Presa Community Service Center 210-532-5295 or 210-532-2405**
Offers classes on financial planning, owning a business and more.
- **Crown Financial Ministries** <https://www.crown.org/> *Online Christian financial tools*
- **Dave Ramsey** <https://www.ramseysolutions.com/> *Christian financial tools*
Dave Ramsey's Financial Peace University periodically offered through Adult Ministries

Abuse - YOU are mandated by law to call if you SUSPECT abuse

Child/Elder Abuse Hotline 1-800-252-5400

Family Violence Prevention Services 210-930-3669 or 210-733-8810 - 7911 Broadway, SAT 78209
Women and Children's Shelter - prevention and intervention services and counseling offered. <https://fvps.org/>

Family Service Association 210-299-2400 - 702 San Pedro, SAT 78212
Variety of programs from counseling to education/prevention programs

Jewish Family Service 210-302-6920 - 12500 NW Military, Suite 250, SAT 78231
Free counseling for victims of domestic violence (Victims of Crime Services)

Services to At-Risk Youth {STAR} Baptist Child and Family Services 210-283-5183
Abuse prevention and intervention programs for children 0-17. Four locations. Call to make an appointment.

Family Justice Center 210-631-0100 126 E Nueva, SAT 78204
Protective orders, domestic counseling

Angel Eyes Foundation Toll Free 1-866-972-8467
Advocates against domestic and sexual abuse

Women's Needs

- **Any Woman Can 210-370-3939** - 109 Gallery Circle, Suite 115, SAT 78258
Faith based counseling for women ages 13 and over; free pregnancy and STD testing.
- **Rape Crisis Center 210-349-7273 or 210-521-7273** - 7500 Hwy 90, Bldg 2, #21, SAT 78227
Crisis intervention, counseling, hotline, case management, education
- **SA Pregnancy Care Center 210-614-5433** - 721 Louis Pasteur, Suite 100, SAT 78229
Testing, maternity clothes, alternatives to abortion, post-abortion counseling

Mental Health

- **Center for Health Care Services (CHCS) Intake and Assessment**
For an appointment 210-261-1250 (adults) and 210-261-3350 (children)
Psychiatric care, medicine, nursing and counseling at low or no cost. For areas outside of Bexar County, call United Way
- **CHCS Crisis Center 210-223-7233 or 1-800-316-9241** - 601 N Frio, Bldg. 1, SAT 78207
24 hour Crisis, Screening, Evaluation and Intervention
- **Clarity Child Guidance Center 210-616-0300** - 8535 Tom Slick, SAT 78229
Sliding scale fee mental health services for children and families
- **National Alliance for Mental Illness, San Antonio 210-734-3349** - 51 Belknap Place, Suite 242, SAT 78212
Information, education and support groups for consumers and family members
- **Sigma Mental Health Urgent Care 210-314-4564** 18587 Sigma Rd, Suite 260, SAT 78258
Walk in, evaluation, intervention, psychiatric and counseling services, medicine.

Dental Assistance

- **CentroMed Walzem Clinic 210-651-1050** - 5542 Walzem Rd
- **Communicare Dental 210-434-2368** - 102 Barclay
- **Communicare Dental 210-307-4500** - 3066 E Commerce
- **Maria Castro Flores Clinic 210-922-7000** - 7315 s Loop 1604 w
- **Palo Alto Clinic 210-922-7000** - 9011 Poteet Jourdanton Fwy
- **SA Christian Dental Clinic 210-220-2300** - 1 Haven for Hope Way
- **South Park Dental Clinic 210-922-7344** - 91 Wagner
- **Southside Medical Dental Clinic 210-922-7000** - 3750 Commercial Ave

Medical Clinics

- **CentroMed Walzem Clinic 210-651-1050** - 5542 Walzem, SAT 78218
Medical and dental clinics around town on a sliding scale, WIC program
- **Communicare Health Centers 210-307-4500** - 3066 E Commerce, SAT 78220
Behavioral, medical, dental and women's clinics on sliding scale fees
- **Dixon Clinic - Part of Methodist Healthcare Ministries 210-527-1505** - 2143 E Houston St, SAT, 78202
Sliding scale medical
- **I Care San Antonio 210-220-2370** - 1 Haven for Hope Way, Bldg 1, Suite 200, ST 78207
Eye care and surgeries for adults under 150% Federal Poverty Index
- **Malta Medical Ministry 210-775-0277** - 2935 Pat Booker Rd, Suite 135, Universal City, TX 78148

Medical Bills

- **Carelink 210-358-3350** - 903 W Martin St, SAT 78207
Sliding scale medical care including labs, hospital, and surgery
- **Needy Meds** <https://www.needymeds.org/>
Discounted prescriptions through a variety of pharmaceutical companies
- **Partnership for Prescription Assistance** <https://medicineassistancetool.org/>
Discounted prescriptions through a variety of pharmaceutical companies

Legal

- **Bexar County Dispute Resolution Center 210-335-2128** - 300 Delorosa, Suite 1102, SAT 78205
Free mediation to avoid judicial system involvement.
- **Christian Law Association 1-888-252-1969** <https://www.christianlaw.org/>
Free representation for persecuted Christians
- **Jewish Family Service 210-302-6920** - 12500 NW Military, Suite 250, SAT 78231
*Every 1st and 3rd Tuesday of the month after 4pm, legal advice is given on any legal matter. (*NOT representation.)*
** Offers Anger Management Classes with Certificate of Completion.*
- **SA Community Law Center 210-271-9595** - 322 W Woodlawn, SAT 78212
Sliding scale legal assistance
- **Texas Law Help** www.texaslawhelp.org
Online database of forms and topics (Helping low-income individuals & families solve civil legal issues, abuse, debt relief)
- **Texas Rio Grande Legal Aide 1-888-212-3700** - 1111 N Main, SAT 78212
Free legal services to people without income

Caregiver, Aging and Disability, Counseling

- **Alamo Service Connection (Aging and Disability Center) 210-477-3275 or 1-866-231-4922**
<https://www.aacog.com/>
Provides information and referrals to Veterans, caregivers, seniors and individuals with disabilities.
- **Christian Senior Services 210-735-5115** - 4306 NW Loop 41, SAT 78229
Provides Grace Place Alzheimer's Activity Center, meals on Wheels and Senior Companions
- **Counseling 4 Survivors 210-920-0065**
Caregiver Support, Grief and Loss therapy, Trauma resolution, Couples/Marriage Counseling, Family
- **Jewish Family Service 210-302-6920** - 12500 NW Military, Suite 250, SAT 78231
www.jfs-sa.org/social-services *Ask for social services*
- **Hope for Grievors – Michelle Ramirez 210-632-3093** mramirez@hopeforgrievors.com
www.hopeforgrievors.com

Burials

- **Any Baby Can 210-227-0170** - 217 Howard St, SAT 78212
Discounted funeral services and some donated plots to clients
- **Bexar County Community Resources- Pauper's Burial 210-335-3666** - 233 N Pecos, Suite 590, SAT 78207
Bexar County residents without resources to pay for a funeral; provides viewing, new casket, graveside service and a headstone.
- **Funeral Consumers Alliance of San Antonio 210-341-2213** www.funeraladvicesatx.org
\$35 to join; 50% discount on funeral services.

Transportation

- **City of San Antonio Senior Transportation 210-207-7172**
Transportation for residents 60 and older to medical, grocery and public events
- **VIA Trans 210-362-2140**
Provides public transportation for mobility impaired individuals.

Emergency Preparedness

- **Emergency Management – Maria Marquez 951-510-9949 or 210-671-0354**

10 Essentials for Your Emergency Kit

Non-perishable food & water

Flashlight & extra batteries

Sanitation & hygiene supplies

Communication devices

Health info & documents

Eyeglasses & hearing aids

First aid kit

Sleeping bag / warm blankets

Change of clothes/shoes

Medications/ Equipment

SCAN ME



Tricare Newsroom (Benefits During a Disaster)

- Emergency prescription refills
- Disaster alerts
- Before & after disaster actions

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National Institute on Aging (Disaster Preparedness & Recovery for Older Adults)

- Evaluate and plan
- Stock an emergency kit
- Consider your medical needs
- Plan for efficient evacuation
- Learn about recovery assistance

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American Red Cross (Emergency Preparedness for Older Adults)

- Get informed
- Assess your needs
- Build your support network
- Plan - Before – During – After

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Centers for Disease Control (CDC)

- Learn to create a plan
- Create an emergency supply kit
- List of important documents

SCAN ME



CDC – EMERGENCY Preparedness & Response

- Identifying and engaging at risk groups
- Planning for an emergency

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Meals on Wheel San Antonio

- Meal Referral
- Animeals
- Emergency meals
- Senior Center Meals